

Fairbanks Youth Soccer Association Program & Rules

Rules for FYSA 2010 Indoor Season

LAW 1 THE PLAYING COURT

Ask the referee which lines the teams will be using and what the goal area is. This will change depending on the gym being used. The goal area should not extend to more than 1/3 of each half of the playing field.

LAW II THE BALL

The ball will be spherical in shape. The outer casing will be napped felt. The ball shall not be changed during the game without the permission of the referee. Only the Fuzzy-felt balls distributed by FYSA are to be used.

LAW III NUMBER OF PLAYERS

U8 and above shall be played between two teams each consisting of no more than five players, one of whom shall be the goalkeeper. **U6** will be played between two teams each consisting of no more than 5 players, without a goalkeeper.

U6 – there shall be no goalkeepers in the U6 age group so that all the players may chase the ball around. The kids need to be where the action is and at this age it is around the ball. This will provide the opportunity for the child to further develop their running, jumping and kicking coordination. These are valuable traits for all soccer players to develop. **Coaches should not instruct or allow a player(s) to hang back in the goal area, referees may instruct players to go to the ball.**

Substitutes may be used in any game played.

The number of “flying” substitutions made during a game is unlimited, except in the case of the goalkeeper who can only be replaced when the ball is not in play. Keepers may be substituted at often as a team chooses but only when the ball is out of play. A player who has been replaced may return to the court as a substitute for another player.

A “flying” substitution is one of which is made when the ball is still in play and for which the following conditions shall be observed.

1. The player leaving the court shall do so from the centerline.
2. The player entering the court shall do so from the centerline, but not until the player leaving has passed completely over the sideline.
3. A substitute shall be subject to the authority and jurisdiction of the referee whether called upon to play or not.

4. The substitution is completed when the substitute enters the court from which moment he/she becomes a player and the player substituted for ceases to be a player.

A goalkeeper may change places with any other player provided that in each case the referee's permission is previously requested and provided that the change is made during a stoppage in the game.

PUNISHMENT:

Play shall not be stopped for an infringement of the substitution rule unless it has an immediate effect on the play. The players concerned shall be cautioned immediately after the ball goes out of play.

**LAW IV
Equipment**

A player will not be permitted to use any object, which the referee may judge to be dangerous to other players.

A player's uniform consists of a jersey, shorts, socks, shin guards, and tennis shoes. The use of foot ware and shin guards is mandatory.

The goalkeeper will wear a uniform of different color, which easily distinguishes him/her from the other players. The goalkeeper can wear goalie pants only!.

No earrings or other facial pierced jewelry is allowed.

PUNISHMENT:

A player who has been prevented from taking part in a game or a player who has been sent off the court to adjust his/her equipment may not return without first reporting to the referee during a stoppage of the game.

**LAW V
LENGTH OF THE GAME**

The length of the game will be 44 minutes, divided into two equal halves of 22 minutes.

If the start of the game is delayed, referee will approximate the available playing time within the allotted hour, divide that time in half, and inform each team captain of the shortened length of play for each half. Games will be started on the hour.

The half-time interval shall be four minutes.

**LAW VI
START OF PLAY**

At the start of the game, the choice of team possession of either half of the playing court at the kickoff will be decided by a coin toss. The team that wins the coin toss will have the choice of the kickoff or the side the team wishes to defend.

Minimum number of players to start game: 4 (count includes goalkeeper).

The referee having given the signal, the game will be started by a player taking a place kick, while the ball is stationary in the center spot of the court. The ball must move one full circumference but does not have to go forward. Each player must be on their own half prior to kick off and all opposing players must be at least 10 feet from the ball until it is kicked off.

A goal cannot be scored directly off of a kick-off.

LAW VII BALL IN AND OUT OF PLAY

The ball is out of play when:

It has crossed completely, whether on the ground or in the air, the sidelines or end lines.

1. The game is stopped by the referee.
2. The ball will be in play on all other occasions, from the beginning of the game until its end, including: If the ball bounces off one of the goalposts or crossbars into the playing court.
3. If the ball bounces off the roof or anything extending into the court of play (i.e. basketball hoop) in to the playing court, it remains in play.
4. If it hits the referee when they are in the field of play.
5. In the event of a supposed infringement of the Laws of the Game until a decision is given by the referee.

LAW VIII METHODS OF SCORING

A goal is scored when the whole of the ball has passed over the goal line between the goalposts and under the crossbar, provided it has not been thrown, carried or intentionally propelled by hand or arms, by a player of the attacking side.

The team that scores the greater number of goals during the game will be the winner. If there are an equal number of goals or no goals by either team the game will be considered a tie

LAW IX FOULS AND MISCONDUCT

A player who intentionally commits one of the following ten offenses:

1. Kicking or attempting to kick an opponent
2. Tripping an opponent, i.e. throwing or attempting to throw him/her by the use of the legs or by stooping in front of or behind him/her
3. Jumps at or throws him/herself upon an opponent
4. Charges an opponent in a violent or dangerous manner
5. Charges an opponent from behind unless the latter is obstructing
6. Holds an opponent
7. Pushes an opponent

8. Charges an opponent with the shoulder
9. Slides in an attempt to play the ball when it is being or attempted to be played by an opponent (slide tackle), except for the goalkeeper in his/her penalty area when making a play on the ball. Goalkeepers who slide in a manner deemed “dangerous play” by the referee will be called for dangerous play
10. Handles the ball, i.e. carries, strikes or propels the ball with their hand or arm, except for the goalkeeper in their penalty area

Shall be penalized by the award of a direct free kick to be taken by the opposing team from the place where the infringement occurred.

Should a player of the defending team intentionally commit one of the above **ten offenses** within their penalty area they shall be penalized by a penalty kick regardless of the position of the ball as long as it is in play.

A player committing any of the following offenses:

1. playing in a manner considered by the referee to be dangerous, i.e. raises the feet to kick backwards (bicycle kick) or kicks with the heel and with out premeditation hitting opponent closes to the play or attempts to take the ball out of the hands of the opposing goalkeeper.
2. when not playing the ball intentionally obstructs an opponent running between them and the ball or interposing the body in such a manner as to prevent an opponent from playing the ball when he/she is not in control of the ball
3. charging the goalkeeper except when he/she has passed outside the penalty area
4. when playing as a goalkeeper and within their own half of the court:
 - a. After putting the ball into play the ball is not touched or played by a player or does not touch the surface in the goalkeeper’s own half of the court, i.e. at no point may a goal keeper release the ball (with hands or feet) over the half way line.
 - b. Touches or controls the ball with their hands after it has been deliberately kicked to them by a teammate
 - c. Touches or controls the ball with their hands within their own penalty area for more than four seconds, i.e. the goalkeeper may play the ball outside their own penalty area the same as all court players
 - d. After having released the ball on a goal clearance the goalkeeper receives the ball from a teammate without it having first passed beyond the halfway line or has been played or touched by an opponent, i.e. the player cannot pass directly back to the goalkeeper after ball has been released on a goal clearance

Shall be penalized by awarding an indirect free kick to the opposing team to be taken from the place where the infringement occurred unless it happened in the penalty area in which case the indirect free kick shall be taken from the 20-foot line at the point closest to where the infringement occurred.

In the case of 4a. restart shall be an indirect free kick for the opposing team at any point on the half way line.

A player shall be cautioned if:

1. During a “flying” substitution they enter the playing court before the player being substituted has entirely left it or if they enter the playing court from an incorrect position
2. They persistently infringes the Laws of the Game
3. They demonstrate by words or actions dissent from a decision of the referee
4. They are guilty of ungentlemanly conduct
5. Delays the restart of play
6. Fails to respect the required distance on the free kick

For any of these offenses the referee shall award an indirect free kick to the opposing team to be taken from the place where the infringement occurred unless it happened in the penalty area in which case the indirect free kick shall be taken from the 20 foot line at the point closest to the spot where the infringement occurred in addition to the relevant caution and provided that no more serious infraction of the Laws has been committed.

A player shall be ejected from the playing court if in the opinion of the referee they:

1. Are guilty of serious foul play
2. Are guilty of violent conduct
3. Uses foul or abusive language
4. Receives a second caution
5. Strikes or attempts to strike an opponent or spitting
6. Denies an obvious goal scoring opportunity by committing any of the 10 above mentioned fouls / misconducts

If play is stopped by reason of a player being ejected from the playing court for any of the above offenses the game shall be restarted with an direct free kick to the opposing team to be taken from the place where the infringement occurred. If the infringement occurs in the penalty area a penalty kick shall be awarded.

LAW X FREE KICKS

A free kick is a way of putting the ball into play after the game has been stopped and they are classified under two headings:

Direct – from which a goal can be scored directly against the offending side

Indirect – from which a goal cannot be scored unless the ball has been played or touched by a player other than the kicker before entering the goal

When a player is taking a free kick all of the opposing player must be at least 10 feet from the ball until it is in play. The ball shall be deemed in play as soon as it has traveled the distance of its own circumference.

If a player of the opposing team encroaches within 10 feet of the ball before the free kick it taken the referee shall order the free kick to be retaken until the law is complied with.

The ball must be stationary on the court for the kick to be taken and the kicker shall not play the ball a second time until it has been touched or played by another player.

PUNISHMENT:

If the player taking the free kick, after having kicked the ball, plays the ball again before it has been touched or played by another player, an indirect free kick from the spot where the infringement occurred.

If the team taking the free kick takes more than four seconds to do so the referee shall award an indirect free kick to the opposing team.

**LAW XI
PENALTY KICK**

A penalty kick is a free kick taken from the penalty spot on the playing court. At the moment of the kick all the players with the exception of the goalkeeper and the player taking the kick should be inside the playing court outside the penalty area and at a distance of 10 feet from the penalty spot.

Penalty kicks will be taken from the center of the top of the free throw circle.

The opposing goalkeeper should take their position, on their goal line and between the goalposts and may not move forward until the ball is kicked.

The player taking the kick must kick the ball forward they shall not play the ball a second time until it has been touched or played by another player, or rebounds off the goalpost or crossbar.

The ball shall be deemed in play directly after it is kicked and has traveled the distance of its circumference. A goal may be scored directly from a penalty kick.

When a penalty kick is being taken during the normal course of play or when time has been extended at half time or full time to allow a penalty kick to be taken or re-taken a goal shall not be nullified if before passing between the goalposts and under the crossbar the ball touches either or both of the goalposts or the crossbar or the goalkeeper or any combination of these providing that no other infringement has occurred.

PUNISHMENT:

For any infringement of this Law:

1. By the defending team the kick will be repeated if the kick did not result in a goal
2. By the attacking team other than by the player taking the kick if a goal is scored it will be disallowed and the kick retaken
3. By the player taking the penalty kick after the ball is in play a player of the opposing team shall be awarded an indirect free kick from the penalty mark.

LAW XII KICK IN

When the whole of the ball completely crosses over the touchline either on the ground or in the air it shall be kicked back into the game in any direction from the place it crossed the touchline by a player of the opposing team to that of the player who last touched it. At the moment of delivering the ball the kicker must have the support foot either on the sideline or on the court outside the sideline. The ball must be stationary on the sideline. The ball shall be deemed in play as soon as it has traveled the distance of its own circumference but the player taking the kick shall not touch the ball a second time until it has been played or touched by another player. The players of the opposing team shall be at least 10 feet away from the spot where the kick is being taken. A goal cannot be scored directly from a kick in. There are no restrictions on the number of steps the kicker may take but they must take the kick within four seconds.

PUNISHMENT:

1. If the ball is improperly kicked in a player of the opposing team shall retake the kick.
2. If the kick in is taken from any position other than the point where the ball passed over the sideline a player of the opposing team shall retake it.
3. If the kick in is not carried out within four seconds from the time the player taking the kick takes possession of the ball it shall be retaken by a player of the opposing team.
4. If the player taking the kick in plays the ball a second time before it has been played or touched by another player the referee shall award an indirect free kick to the opposing team to be taken from the spot where the infringement occurred unless it was committed within the penalty area in which case the indirect free kick shall be taken from the 20 foot line at point closest to the spot where the infringement occurred.

LAW XIII GOAL CLEARANCE

When the whole of the ball completely crosses the end line, excluding that portion between the goal posts, whether in the air or on the ground having last been played by a player from the attacking team the goalkeeper standing within their own penalty area shall throw it back into play beyond their own penalty area but not further than the half-way line. The ball shall be deemed in play as soon as it leaves the penalty area. (U6 shall have a goal kick from within the goal box. Ball is not in play until it leaves the goal box.)

No punting or dropkicking of the ball by the goalkeeper is allowed.

A goal clearance is deemed to be correct when the ball has been touched or played by another player outside the penalty area or when it has touched the surface within the respective goalkeeper's own half of the court. The players of the opposing team shall remain outside the penalty area until the ball is in play.

PUNISHMENT:

1. When the goalkeeper throws the ball beyond the halfway line of the playing court without it having touched the surface of the court or another player inside their own half of the court the referee will award an indirect free kick to the opposing team from any point on the halfway line.
2. If the ball is touched or played by a player of the same team as the goalkeeper who is making the goal clearance or by a player of the opposing team inside the goalkeeper's penalty area the goal clearance shall be retaken.
3. If after having cleared the ball the goalkeeper deliberately receives it back from a teammate and touches or controls it with their hands an indirect free kick shall be awarded to the opposing team to be taken from the 20 foot line at the spot nearest to the spot where the infringement happened.

LAW XIV CORNER KICK

When the whole of the ball completely crosses over the goal line, excluding the part between the goalposts and under the crossbar, whether on the ground or in the air after having last been touched or kicked by a defensive player a "corner kick" will be awarded to the attacking team.

The "corner kick" will be taken by one of the attacking players by kicking the ball, which is placed exactly on the point of the intersection of the goal line and the sideline.

Players of the opposing team shall not encroach within 16 feet of the ball or near the goalpost whichever is less until it is in play, i.e. it has traveled the distance of its own circumference. The player taking the kick shall not play the ball a second time until another player has touched it.

A goal may be scored directly from a corner kick.

PUNISHMENT:

1. If the corner kick is not taken correctly it shall be retaken.
2. If the player taking the corner kick plays the ball a second time before it has been played or touched by another player the opposing team will be awarded an indirect free kick to be taken from the spot where the infringement occurred.
3. If the corner kick is not carried out within four seconds from the time the player concerned has taken possession of the ball the opposing team shall be awarded an indirect free kick from the corner mark.

OTHER RULES:

If a player becomes unconscious for any reason during a game the player may not reenter the game until a doctor has cleared them.

No blood is allowed on the court. All blood on a player must be covered up before he reenters the game. The game will be stopped until any blood that is on the floor is cleaned up. Please do this in a timely manner.

**ASYSA
INSURANCE CLAIM FORM**

Date of Injury: _____ Location: _____

League Name: _____ Club: _____

Injured Party: _____

Coach Player Other: _____

Date of Birth: _____ Phone: _____

Address: _____ City: _____ Zip: _____

Type of play involved: League Game Practice Tournament

Name of Tournament: _____

Team Name: _____ Opponent Name: _____

Time of Event: _____ AM or PM Time of Injury: _____

Describe injury and cause: _____

Name of administrator on site: _____

(i.e., coach, team parent, etc...)

Does injured party have primary insurance? Yes No

Name of insurance company: _____

Claim form to be sent to: _____

(i.e., parent, guardian, etc...)

Address: _____ City: _____ Zip: _____

Complete form immediately following injury and send to:

FYSA Program Director
PO Box 73915
Fairbanks, AK 99707